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# WILLIAM CAREY CHRISTIAN SCHOOL

# NEWSLETTER



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Thursday, 29th January, 2015

## FROM YOUR SCHOOL PRINCIPAL

Welcome back to a new year at Carey. I hope you have had some time to enjoy family over the Christmas and new year period.

I would like to congratulate our HSC students on a wonderful set of results. Our students achieved 30 band 6 results. (90% or more) across 15 subject areas and 166 band 5 results (80% or more) across 30 subject areas. All our students need to be acknowledged for their performance and approach to the HSC. In particular we should note some of our highest ATAR performers including Thalia P (98.2), Joshua P (97.4), Sebastian J (95.05), Behrad B (94.05), Marleena O (91.5), Ashleigh K (90.25) and Michelle K (90.2). These are very significant results and demonstrate the high academic calibre of many of our students.

Our thoughts and prayers are with all our 2014 year 12 cohort as they commence a new and exciting phase of life. We pray that God may richly bless them as they continue to study or find employment. Whilst at Carey they have heard the message of the gospel and the hope that it brings in an often confused and uncertain world.

The staff returned last week for the first of two staff development weeks that occur throughout the year. This week is an opportunity for professional development, curriculum planning and theological input. The main theological focus has been the commencement of working through the school's new 'Statement of Faith' which aims to clearly articulate the beliefs underpinning our Christian school. It is a great privilege for the staff to work systematically through this faith statement and to reaffirm its content and to declare our commitment to living in accordance with those truths as servants of Christ.

Another highlight of the week was Bromwyn Morphett presenting the findings of her research into developing emotional intelligence in our students. This significant work focuses on our children's ability to articulate their feelings. It would seem that over the past 25 years, children and young people are verbalising their feelings less and less due to factors like:

- the changing nature of the family
- the emergence of social media

As a staff we were challenged to actively engage in a process to develop our student's emotional literacy, ie getting our students to talk about how they feel and how others may feel in different situations. This is an area that as a community we need to explore more.

As part of this thinking there is a clear challenge to all our families as well. Do you regularly sit as a family and talk about the events of the day – maybe over the dinner table? As parents are we asking our kids to talk to us about how they feel when (X) happened. The development of emotional intelligence and emotional literacy in our students is a vital aspect of our children's development. This is something we should explore more into the future.

Looking forward to a wonderful year in 2015!

*These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the doorframes of your houses and on your gates. Deuteronomy 6:6-9*

## From your

# High School Deputy Principals

Welcome back to William Carey for 2015. You will note as you review the upcoming events, that there are a number of very important parent information nights and parent meetings being held this term.

The first I would like to highlight is a new venture we are embarking upon. During the year we are planning to deliver a series of parent seminars on issues such as: common mental health concerns like anxiety and depression, issues relating to gender identity, relationships, the effects of the adult world on a developing adolescent mind, cyber safety and social networking, and so on. The first seminar being presented will address "The effects of the adult world on a developing adolescent mind" and we will be viewing the Melinda Tankard Reist DVD "Too Sexy Too Soon". Following the viewing of the film, the counselling and senior welfare team will debrief the information addressed by way of a full and frank discussion. This night (not to be missed) will be held on Wednesday 18th Feb and is for parents and guardians only. Children are not invited and should not attend. The key area to be explored is the claim that our "Young people are being exposed to Adult Only materials at unprecedented rates and our children are involved in a social experiment with unknown long term consequences".

We will consider the following issues:

- Exposure is having a negative impact on children's attitudes to intimacy, relationships and body image (both boys and girls). This can also translate into poor academic performance.
- We are desensitising children and young people to violent and aggressive acts.
- The incidence of diagnosable mental health issues in our children continues to increase (now recorded as 1 in 4 children).
- We can offer support and protection for our children.

"Meet the Teacher Nights" will occur in either Week 2 or 3 of this term, depending on your child's year group. Please plan to attend this night and meet with your child's subject teachers face to face. Planning for a successful year for your son or daughter can begin at this point. Remember to book your appointments using PTO as soon as possible, if you have not already done so. As a new (trial) initiative, we will be introducing the opportunity for Year 7 parents (only) to also meet their child's Pastoral Care teacher in a small group session on the night. These small group sessions will be held at 5:00 pm and 7:00 pm in addition to the other interviews you may book. These group meetings are planned to last for fifteen minutes. No bookings are required for the parents of Year 7 students to attend either of these informal sessions.

Stepping into Senior School (Year 10) and the VET Information Night (Year 11) will also be incorporated as part of the running of the respective Meet the Teacher Nights. These breakout sessions both occur from 7:00 pm – 8:00 pm and while your attendance is required, booking is not required to be a part of these presentations.

Some of the upcoming events in the next few weeks:

### Week 2

Meet the Teacher Night – Years 7, 10, 12  
Stepping into Senior School – Year 10  
Careers Day – Year 12

### Week 4

Parent Wellbeing Seminar – Years 5-12  
Year 11 Camp – Year 11  
Review Meetings - Years 10 - 12

### Week 7

ESU Camp – Years 7-12

### Week 3

HS Swimming Carnival – Years 7-12  
Meet the Teacher Night – Years 8, 9, 11  
VET Information Night – Year 11  
Vaccinations – Year 7  
Blazer Fitting Day – Year 7 & 8  
Review Meetings - Years 7-9

### Week 5

Science Camp – Year 7

### Week 8

History Excursion – Year 10

In His service,  
Brad Milburn.

Deputy Principal Welfare. (On behalf of the High School Deputies)

**From your**

# Primary School Deputy Principal

Welcome to 2015 at William Carey. I would like to extend a warm welcome to families joining us this year; it is great to have you in the William Carey community. If you have any questions or concerns as your children settle in, please come and see me.

Staff have spent a busy week working on new programs and units of work, based on the Australian Curriculum. English is under control, and we are well under way with both Mathematics and Science. There are some great changes in the new curriculum and we are looking forward to developing it over the year. We also spent time looking at the school's updated Statement of Faith, which was a challenging and encouraging activity to undertake.

As usual, the term starts with numerous activities (see dates below). Of particular note is the Primary Swimming Carnival, which is on Thursday 5th February. Students in Years Three to Six will have received a note about this (as part of the big Sport note), requesting swimming ability and transport information. Please return this promptly. Students in Year Two are invited to attend, only if they are squad swimmers. As always, parents are welcome to attend.

The sport note also contains information about other sporting events for 2015, as well as general permission for students to participate. Please read this carefully, and return all signed sections as soon as possible.

You will also receive a privacy permission note this week. Please sign and return this as soon as possible. If you are unsure of the implications, please give me a call.

I would like to inform you of a late staffing change that has occurred. After many years at William Carey, Miss Philippa Corderoy is leaving us. Miss Corderoy has a few things on the boil but will also be seen around the place, doing some casual days as well. In her place, Mr James du Plooy is returning to William Carey, having been a member of our casual staff some years ago.

The Primary Information Evening is being held on Tuesday 3rd February. This is a great opportunity for parents (no children, please) to find out what is happening at William Carey this year. There will be some whole school information, as well as an opportunity to meet your child's teacher and find out more specific information.

Term One also sees camps for Years Four, Five and Six. Detailed information about each of these will be sent home well in advance of the camps. Basic information about each camp, including parent involvement, will be discussed during grade time at the Primary Information Evening.

It would be a shame if your child lost some of their nice, new uniform so early in the year. Please label everything, either with iron-on labels, or clearly in permanent texta. We want to get lost property back to your child but it is very difficult when items are unlabelled.

## Upcoming Events

Tuesday 3rd February	Primary Information Evening
Thursday 5th February	Primary Swimming Carnival
Tuesday 10th February	Super 8s Cricket
Wednesday 11th February	First IPSSO Match (TBC)
Monday 16th February	Zone Swimming Carnival

23 Whatever you do, work heartily, as for the Lord and not for men, 24 knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ. Colossians 3:23-24

In His service,  
Robert Burgess

# StudentLeadershipCouncil

## National Young Leaders Day

On the 22nd of November 2014, Miss Morphett, along with four students from William Carey's Senior Leadership Council (SLC), went to a National Young Leaders Day (NYDL) at Sydney Olympic Park. On the day, there was a variety of student leaders from both public and private schools. The conference was run by the 'Halogen Foundation', who have been directing the conference for many years around other capital cities in Australia including Melbourne, Brisbane, Adelaide and Perth.

The main message from the 2014 conference was "Get Started." This message was reiterated by the slogan displayed at the front of each person's booklet they received at the conference which boldly stated; "Nothing significant, enduring or amazing ever began that way." As leaders of our schools we were challenged by the four speakers provided at the conference to make a start of something great.

Two of the speakers that impacted and engaged our SLC group were the first and third speakers; Mike Martin and Jeremy Rolleston who both gave similar messages. Throughout their talks they emphasised that the beginning of getting started is having an idea, but what differentiates those who will do something great and those who won't, is the work put into developing that idea. Mike Martin provided us with an equation which went something like this; Idea → Get started (which is the line between) → Work [Failure] → Something Great. Both speakers highlighted the importance of failure; that it is not something to be avoided or ashamed of, but rather embraced.

Alex Malley was the last speaker of the day and it was evident that they had saved the best til last. He also emphasised the importance of failure and the significance of relationships in life. He claimed that lessons of life come from mistakes and encouraged us to "never listen to the words 'fear' and 'embarrassment'". He challenged us to reinforce our positives in situations even if they seemed like negatives and to shift our perception of failure from disappointment to that of "failure is the willingness to try."

The NYLD was an exciting and worthwhile experience. However, for all of the messages we found it difficult to connect on a deeper level with the speakers. Each time their speech had finished we were left feeling unsatisfied, as though something significant was missing. That something was the mention of Jesus. Even though the conference was not Christian based it was encouraging to hear that each message had a common biblical theme. The speakers may not have realised it but in essence they were preaching what has already been written in the Bible. This confirmed to our SLC group that God is in all things, He has set eternity in the hearts of men, and He is always closer than what we perceive.

In His Service,  
Thomas Nedved and Julia Puntillo

## From the Clinic...

School Policy states, asthma puffers are the only medication students are permitted to carry on their person or in their bag. All other medication, either purchased over the counter from a chemist or prescribed by a Doctor such as tablets, liquids, creams or sprays are to be administered from the clinic. This is to protect students from the loss of medication or if a person takes the medication and has an adverse reaction.

Medication can be given at school with parent/carer consent. Please complete the medication form on the back page of this Newsletter and return it to Mrs Clay in the front office.

# UNIFORM SHOP NEWS

2015 will be the first year of compulsory blazers for Years 7, 8 and 11. To assist in the purchase of such a large number of blazers we will be having special days for all students in these years to be measured. Each student will need to pay a \$100 deposit on the day.

**Year 7 - 10th of February**

**Year 8 - 11th of February**

Year 11 students who were fitted last year are required to pay the deposit if they have not done so already.

The Uniform Shop's opening times for 2015 will be 8:00 am - 3:30 pm on Monday, Wednesday, Thursday and Friday.

We try to keep a wide range of sizes in uniforms, but if you think your child may need a special order please see the staff as soon as possible.

## Invitation

PLEASE JOIN US AT OUR

**2015 MEET THE  
TEACHER  
NIGHTS**

**PRIMARY INFORMATION  
EVENING**

**3rd February**

**HIGH SCHOOL  
MEET THE TEACHER NIGHT**

**4th February - Years 7, 10 & 12**

**9th February - Years 8, 9 & 11**

Come along and meet your child's 2015 teachers and receive important information regarding the upcoming school year.

Each night will include an optional Edumate parent tutorial which will help you understand and get the most out of the WCCS Parent Portal.

For full details about the evenings, please refer to the letter that was sent home with your child, or check your email.

Bookings essential for High School.  
PTO opens for bookings on 30th January.

# WCCS CANTEEN Jan 2015



Please note - all orders must be in by recess

GF - Gluten Free

## Breakfast

**'Breakfast Only' items will be available between 8:15 am - 8:45 am only**

Toast (1 slice) <b>Breakfast Only</b> Jam or Vegemite	\$1.00
Raisin Toast <b>Breakfast Only</b>	\$1.50
Cheese Toastie	\$2.50
Fresh Fruit <b>GF</b> - Apple or Banana	\$1.00
Apple Slinky <b>GF</b>	\$1.00
Natural Yoghurt - Plain <b>GF</b>	\$2.20
- Fruit <b>GF</b> or Muesli	\$2.80
Muffins - Assorted Flavours	\$2.00
Banana Bread - Plain or toasted	\$2.50

*(Please Note: No soft drink will be sold before school)*

## Snacks

Fresh Fruit <b>GF</b> - Apple or Banana	\$1.00
Apple Slinky <b>GF</b>	\$1.00
Natural Yoghurt - Plain <b>GF</b>	\$2.20
- Fruit <b>GF</b> or Muesli	\$2.80
Muffins - Assorted Flavours	\$2.00
Veggie Pack <b>GF</b>	\$1.00
Veggie Sticks and Dips - French Onion or Hommus	\$1.20
Jelly <b>GF</b>	\$1.50
Jelly and Custard	\$2.00
Toasted Pizza Muffin ( <i>High School only</i> )	\$1.00
Air Popped Popcorn <b>GF</b>	\$1.50
Eucalyptus Lollies	\$1.20
Pretzels	\$1.20
Gluten Free Chips <b>GF</b>	\$1.00
Chips 27g	\$1.20
Chips 45g ( <i>High School only</i> )	\$2.50
Sultanas	\$0.70

## Drinks

Water 350ml	\$1.50
Water 600ml	\$2.00
Up and Go 250ml	\$2.00
Milk 300ml Plain	\$1.00
Milk 300ml Choc/Strawberry	\$1.70
Milk 600ml ( <i>High School only</i> ) - Choc, Strawberry	\$3.00
Juice 250ml - OJ, Apple, Apple/Blackcurrant	\$2.00
Juice 350ml - OJ, Apple, Apple/Blackcurrant, Tropical	\$3.00
Juice Bombs - Apple/ Raspberry, Vanilla/Lime Apple/Blackcurrant	\$2.40
Soft Drink Cans ( <i>High School only</i> )	\$2.50
Nexba Ice Tea 350ml ( <i>High School only</i> )	\$3.00
Dare Iced Coffee 500ml ( <i>High School only</i> )	\$3.50
Hot Chocolate	\$2.50
Coffee ( <i>High School only</i> )	\$2.50
Tea ( <i>High School only</i> )	\$2.00

## Frozen Treats

Quelch Sticks	\$0.50
Juicees - Orange, Tropical & Wildberry	\$1.50
Icy Twist - Lemonade	\$1.20
Gelato Cups - <b>GF</b>	\$2.00
Paddle Pops	\$1.30
Magnums ( <i>High School only</i> ) - Original, White, Honeycomb	\$3.60

## Salads

Salad Box <b>GF</b> - Tomato, Lettuce, Carrot, Cucumber, Beetroot	\$4.00
Caesar Salad Box - Bacon, Egg, Parmesan Cheese, Lettuce, Croutons & Caesar Salad Dressing	\$5.50
Egg Salad <b>GF</b> - Salad Box with Egg	\$5.00
Cheese Salad <b>GF</b> - Salad Box with Cheese	\$5.00
Dressings: Caesar, Italian, French, Mayo or Sweet Chilli	\$0.50c

## Extras

Ham, Chicken, Avocado, Egg or Cheese	\$1.00
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## Sandwiches & Wraps

**Extra: Rolls 60c, Gluten Free Bread or Wrap \$1.00, Toasted 50c  
Bread: White or Wholemeal - Please Specify**

Butter only	\$0.50
Vegemite, Jam or Cheese	\$1.50
Egg and Lettuce	\$3.00
Leg Ham	\$3.50
Fresh Chicken	\$3.50
Salad - Tomato, Lettuce, Carrot, Cucumber, Beetroot	\$3.50
Ham Salad, Chicken Salad or Egg Salad	\$4.50
Avocado	\$3.00
Chicken, Lettuce and Mayo Wrap	\$5.00
Ham & Salad Wrap - Ham, Tomato, Lettuce, Carrot, Cucumber	\$5.00
Sweet Chilli Chicken - Sweet Chilli Chicken, Lettuce, Mayo	\$5.00

## Extras

Cheese, Avocado, Ham, Chicken, Egg, Bacon	\$1.00
Salad per item - Tomato, Lettuce, Beetroot, Carrot, Cucumber	\$0.50

## Hot Food

Sweet Chilli Tender	Each \$1.50
Plain Chicken Tender	Each <b>\$TBA</b>
Garlic Bread	\$2.00
Giant Sausage Roll	\$3.00
Beef Pie	\$3.00
Beef and Cheese Cruizer	\$3.50
Potato Pie	\$3.50
Spinach & Ricotta Roll	\$3.50
Sauce Sachets <b>GF</b>	\$0.50

## Burgers **MUST BE PRE ORDERED BY RECESS**

**Gluten free bread available for burgers \$1.00 extra**

Mini Cheeseburger Slider - Mini Turkish Continental Roll, Gourmet Lettuce, Mini Beef Patty, Cheese and BBQ Sauce	\$2.50
Cheeseburger - Turkish Continental Roll, Gourmet Lettuce, 120g Beef Patty, Cheese and BBQ Sauce	\$5.00
Beef Burger - Turkish Continental Roll, Gourmet Lettuce, 120g Beef Patty, Cheese, Tomato, Beetroot and BBQ Sauce	\$6.00
Chicken Burger - Turkish Continental Roll, Grilled Chicken Breast, Lettuce and Mayo	\$5.50
Tandoori Chicken Burger - Turkish Continental Roll, Grilled Tandoori Chicken Breast, Lettuce and Mayo	\$6.00
Onions	\$0.50





Please note that a new permission form is required every year.  
Complete one form per child.

**School policy, as set out in the Parent/Carer Handbook, indicates medication is not to be carried by students.** Asthma medication is the only exception. Please use this form to give permission for any of the medications listed below. Please send a permission note if you want your child to have medication such as antibiotics prescribed by your doctor or other medicines purchased from the chemist. All medication is to be sent to school in the original packaging, clearly labelled.

First Name: \_\_\_\_\_ Surname: \_\_\_\_\_ Grade: \_\_\_\_\_

Medication provided by Parent/Carer:.....

Instructions for administration eg. Dose /Time:.....

Medical conditions/allergies:.....

**EMERGENCY CONTACT (other than parent)**

Contact's Name:.....Relationship to child:.....

Contact Phone Number(s): Mobile.....

Home.....

Work.....

Please indicate with a tick, which of the following medication/s you give permission to be administered:

- Paracetamol (eg. Panamax, Panadol) for pain relief or high temperature
- Ibuprofen (eg. Nurofen, Rafen) for pain relief
- Naproxen Sodium (eg. Naprogesic, Period Pain) for pain relief
- Hyoscine Butylbromide (eg. Buscopan, Stomach Ache and Pain Relief) for pain relief
- Antihistamine (eg. Loratadine, Zyrtec, Claratyne) for allergic reaction/ hay fever
- Salbutamol (eg. Ventolin, Asmol, Apotex,) for Asthma

I understand that William Carey Christian School accepts no responsibility for any complications arising from the administration of medication, for which I have given authority to be given on my behalf. I release the school from and will indemnify the school in respect to any claim my child may have against the school out of complications suffered by my child as a result of such administration of medication.

**This medication authority will lapse on 3<sup>rd</sup> December 2015**

Signed: ..... (Parent / Carer) Date: .....

**STAFF USE ONLY**

Date	Time	Medication	Dose	Reason	Signature