I am very pleased to introduce to our school community two new nurses who will be assisting Anna Huynh in the school clinic. We welcome Lyndall O’Har who will be in the clinic Mondays and Tuesdays and Claire Sinclair who will cover Wednesdays, Thursdays and Fridays. We are very blessed to have these very capable, qualified and experienced nurses to join our health care team. These new faces means there has been an overall increase in the staffing level of the clinic as we seek to ensure quality care for our school community.

The role of the clinic is essential to the functioning of the school and provides a whole suite of services to students, staff, parents and visitors to the school. I am sure they will be made to feel very welcome.

It was very exciting last week to have Frank Crawford spend the whole day with the senior executive and the afternoon with the full executive. A number of board members were also able to attend. Frank was Her Majesty’s Chief Education Inspector in Scotland and has been integral in developing the school improvement framework that the school has been utilising for the past five or so years. One of the main themes of the day was thinking about how we are preparing our students for a rapidly changing world. When our current Prep and Kindy students graduate in 2029 what skills and knowledge will be required?

Frank also spent time with us thinking about what the strategic themes were for our school which is very helpful as we develop a long term strategic plan. He also offered for our school to pilot an online survey to quickly get feedback from students, parents and staff about the strengths and weaknesses of the school, which can then be used to inform our strategic and improvement planning into the future.

We are also establishing a program of staff professional reflection based on the Australian Professional Standards for teachers. The object of this will be to enable staff to reflect on their practice and identify professional learning goals that they want to work on within the next year.

We are so grateful and blessed to have someone of Frank’s calibre working with us, sharing his wisdom, expertise and passion for education.

Psalm 96:1-3
Sing to the LORD a new song; sing to the LORD, all the earth. Sing to the LORD, praise his name; proclaim his salvation day after day. Declare his glory among the nations, his marvellous deeds among all peoples.
Year 12 students at William Carey have now received their official HSC timetables. The release of these timetables from the Board of Studies, Teaching and Educational Standards (BOSTES) allows for each student to plan for the exact date and time of each examination in all subjects. While this information removes the potential anxiety associated with uncertainty or the unknown, it often leads to an even greater sense of the enormity of the challenge set before each candidate. Sometimes it highlights an increased awareness of the limited time available to complete assessment tasks and complete examination preparation. Please remember our young men and women in Year 12 in your prayers. As a school community we need to be praying for wisdom in time management skills, as well as an ability to trust in God, as they deal with the inevitable stresses of the whole regime of study, testing and life in post school education.

As is common in all schools, there are a number of students at William Carey who will be attempting the HSC examinations this year accessing disability provisions. The school works very hard to ensure that all students who are entitled to support are identified and that appropriate provisions are applied. This year we have 14 students accessing these provisions. Seven of these students will access the provision of either a reader, a writer or both. To provide this service, we ask for parent volunteers. The school has found that students respond more favourably to having a parent support them in this way, rather than a student from a younger cohort. There appears to be a level of “parental” trust that comes from using an adult volunteer rather than the embarrassment that is often associated with having a younger student assisting. If you can help support our HSC students in this way, please contact me on the school number or send me an email. This is a very important service opportunity for the mums and dads in our school community. Would you please consider stepping up to the challenge and offering your assistance as the Board of Studies, Teaching and Educational Standards rules state that “paid staff are prevented from assisting with this task”, therefore your voluntary support is vital.

In addition to our students who have a diagnosed or imputed disabilities sitting the HSC this year, we also have a number of students across the high school who are struggling with the demands life is placing upon them. Some students struggle due to poor mental or physical health, some are experiencing issues such as breakdown or crisis in their families or other relationships. Wellbeing has been described as “not just the absence of disease or illness. It is a complex combination of a person's physical, mental, emotional and social health factors. Wellbeing is linked to how you feel about yourself and your life”. (http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Wellbeing?open)

Term 2 of this year has been characterised by an abnormally large number of students struggling with social and emotional issues. Parents, perhaps today would be a good time to ask your children “Are You OK?” and plan to spend some intentional time with them. The school has a variety of programs designed to support your children and offer them a safe, secure and inclusive learning environment. These include the pastoral care structure with designated meeting times and planned programs, tutor periods with intentional and directed learning, direct links with a variety of educational and health professionals as well as the recently introduced parent seminars designed to support the broader school community. However, the love, attention and interest you show in your child over the dinner table or at a time when you are alone with just one of your children continues to be a most significant factor in their overall wellbeing. Children and adolescents need significant adults to connect with and support them as they venture through the trials of life. Please be encouraged to have a conversation today.
School reports will be coming home soon (Monday 22nd June). These are another opportunity for the school to communicate your child’s progress to you. This, along with Term 1 and Term 3 interviews, will hopefully give you a clear picture of how your child is progressing. As always, you are welcome to make an appointment to see your child’s teacher, to discuss the report.

This is our second year of using Edumate reports, as well as the Board of Studies A-E descriptors. It is essential for parents to carefully read what each descriptor means, when you receive the report. Receiving a “C” is a good thing, as it means that your child is achieving what is expected in their grade, at that time of the year.

Please note that, due to unforeseen circumstance, the Primary Athletics Carnival has been postponed to Monday, 22nd of June. This will take place at The Ridge Athletics track, New Illawarra Road, Barden Ridge.

We are again seeing parents driving into staff carparks to drop off their children. This is strictly forbidden, unless you have made a specific arrangement with our security guard, Danny Brooking. Early or late excursions, sporting events, musical rehearsals, etc. are not reasons for parents to proceed past the front carpark. For the safety of all who use the school grounds, please adhere to this rule at all times.

Our HICES debating team continues to defeat all before them. Congratulations to all involved, and to Mr Cooper and Mrs Darby, who train the team. Their next debate is coming up soon.

Congratulations to Mr du Plooy, who welcomed Madeline Elizabeth du Plooy into the family on 22nd May. We rejoice with Mr and Mrs du Plooy at this happy event, and with our other (original?) Mrs du Plooy, as she is blessed with another grandchild.

Mrs Connellan continues to do a wonderful job, working with the children regarding our new school rules. It is encouraging to see children enacting what they have learned, in the classroom and playground.

From time to time, we need to loan clothing to children who have lost or damaged their own. We would ask parents to please wash and return this clothing promptly, so we can loan it to other children, as needed.

From my office, I can clearly hear the Seussical rehearsals each week. It is very exciting to hear the musical coming together, especially knowing how much work the staff and students put in over a long period of time. I am looking forward to the performances in August.

Upcoming Events

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<tr>
<th>Date</th>
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<tr>
<td>Tuesday 2nd June</td>
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<td>Wednesday 3rd June</td>
<td>IPSSO GRG vs. WCCS</td>
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<td>Thursday 4th June</td>
<td>2L Wollondilly Heritage Centre Excursion</td>
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<td>Friday 5th June</td>
<td>Year 3 Zoo Excursion</td>
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<td>Wednesday 10th June</td>
<td>IPSSO THAC vs. WCCS</td>
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<tr>
<td>Thursday 11th June</td>
<td>HICES Debating</td>
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<tr>
<td>Saturday 13th June</td>
<td>CIS Cross Country Carnival</td>
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</tbody>
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8 He has showed you, O man, what is good. And what does the LORD require of you? To act justly and to love mercy and to walk humbly with your God. Micah 6:8

In His service,
Robert Burgess
Beyond the significance of the past few weeks as the end of the exam period for much of junior high school, many William Carey students have also been involved in co-curricular activities to assist their learning across a range of school subjects and to provide them with opportunities to develop their personal skills. Co-curricular activities encompass a range of excursions and incursions specific to different subjects such as Chemistry, History and English.

Individual learning enrichment opportunities, which have been undertaken by students on a voluntary basis, include the school musical (Seussical the Musical) in which cast and crew continue to put in a sustained effort to prepare the great event. The high school science competition will also allow students to participate in a state-wide academic challenge on Wednesday the 3rd of June, whilst the Science & Engineering Challenge will run on the same day. The Tournament of the Minds Club has been running on Thursdays and the athletics carnival (Tuesday, 2nd June) provided students with an opportunity to display their sports skills, team spirit and a bit of friendly competition. William Carey participants have also put in a great effort in Mock Trials, Debating and have helped the community through their regular voluntary contributions to the Blue Hills retirement village. The SLC would also like to congratulate the Bronze Duke of Ed participants who just completed their practice hike on Friday the 29th and Saturday the 30th of May.

In all these endeavours, students have produced an outstanding contribution both to the school community and to their own learning. The SLC would like to congratulate those students that have thus extended their participation in school beyond the curriculum and the SLC encourages other students to engage in some of the opportunities that are provided within the school.

In His Service,
Nathaniel Warren and Jacki Harris.
This is a wonderful night for students in the string ensemble, junior band and concert band to perform. You will also hear from solo instrumentalists, the flute ensemble and the wonderful Harrowsmith String Ensemble. We look forward to seeing you there.

6:00 pm to 8:30 pm
20 minute intermission
Soup and snacks available

Please pre-order your **FREE** tickets from the Uniform Shop to assist with catering.

Entertainment books are now available from the Uniform Shop. Digital subscriptions may be purchased online.

Sydney Greater West $65
Sydney/North Sydney $70

The Uniform Shop will be open on Friday the 17th July 2015, between 9:00 am and 3:00 pm. This is the last Friday of the school holidays.
Students at William Carey Christian School need your help.

Readers and writers are required

Monday 12th October – Friday 6th November 2015

To assist students with special needs who are attempting the Higher School Certificate. Approximately 20 or more volunteers are required.

What are we requesting you to do?

“Adopt A Child” which involves reading the examination paper for the student whenever they sit an exam and possibly writing the answers that are dictated to you by the student. Why do we do this? Some students, as a result of medical, intellectual or physical problems, are assigned special provisions by the Board of Studies to allow these students to perform at their full potential when sitting these extremely important examinations.

As an alternative, you could volunteer for a period of time, e.g. a whole day or part thereof, a single examination, and so on.

Who can help?

If you are a competent reader, and can write legibly, you may be eligible, as long as you are not a relative of the student you are assisting, currently (or previously) employed as a teacher or tutor at the school, employed by the school in any non-teaching capacity or have a close relative sitting the same tests at another centre.

What reader/writers are not required to do?

Explain or interpret the examination paper, direct the student in any manner, be expected to spell difficult or obscure words, break confidence with the individual student they are assisting in regard to being sensitive to the student's special needs.

What we promise to do

Support and train you, as you serve our student population. Invite you to a school orientation and morning tea, where you can ask questions and meet others, like yourself, who will be assisting.

If you can help

Contact Mrs Elinor Zagorac (PA to the Deputy Principal High School) on the school phone number 9608 2277. Many thanks as you consider this very real need in the school.
Year 9 Camp!

**Day One (Arriving):** We arrived at the camp, truthfully, unexcited... We heard so many different things about the camp that we were not sure what to expect. We arrived and got split into our cabins to settle in, and then we all went off to do different things from abseiling, rock-climbing, archery, bush walking and laser tag. Personally I thought laser tag was the best, the hiding and finding, the hunger-games style challenges. It was all so intense but really fun.

**Day Two:** The day was great but the night was my highlight! We started the night with a 1920-30s dance/murder mystery which was fun and exhilarating trying to figure out who was the murderer and very annoying when you were wrong! We then ended the night dancing, it was so much fun, no one wanted to leave! We just wanted to dance – it was so great to see everyone mixing in and dancing together.

**Day Three:** Camp was a very hectic and fantastic spiritual journey for some. Throughout the camp we had Christian talks as a grade and then discussions in our separate PC groups where we discussed God, faith and eternity. It was a fantastic and new experience that took a totally different spin on Christianity that you do not get in the classroom.

Camp was such a great experience to enjoy with friends, it was also a great opportunity to talk to people we wouldn’t normally in the classroom. At the end of the day it was fun, crazy, spiritual, relaxed and all round new experience for all of us. Thank you to all the staff from our school and the camp who made this a great experience that, personally, is one that has seriously changed my life and eternity! – **Myrsina Asomatianos**
International Year of Light – Science Competition!

Open for Primary, Junior High and Senior High School students.

This year marks 100 years since Einstein’s Theory of General Relativity was developed. Since being developed it has survived continuous testing of its validity and is now considered to be well established. This theory is centred on the idea that space and time can be, and is, changed by the presence of matter. Therefore time slows down and distances stretch in strong gravitational fields! This mind-boggling theory results from the understanding that light is fundamental in our universe – more so than even time and space!

This year also marks 1000 years since the seven volume treatise on optics was written by the Arabic scientist, Ibn Al-Haytham. He used experimentation to confirm and develop theories that allowed him to make significant advances in understanding vision, optics and light – well before the Europeans even started to use the scientific method!

To celebrate these milestones WCCS is running a science competition open to all students to highlight the importance of light. Students may enter this competition by submitting a poster or a short video (to the science staffroom) that explains or demonstrates any aspect of the importance of light. The back of this brochure includes a long list of many possible topics students may choose (and there are many more).

Entries should be submitted by the 1st of August. Each entry should be clearly labelled with the student’s name and grade; a bibliography should also be included (on the back of the poster, or as a separate document accompanying the video).

The science staff will select finalist entries that have an engaging presentation and provide thorough and accurate information. These entries will be displayed in the school over terms 3 and 4 and students will receive certificates of merit and a record of their achievement in the yearly reports.

A panel of staff will select a winning entry for each age category (primary, junior high school and senior high school) and these students will receive a Tritium vial (which is a glowing vial powered by safe radioactive hydrogen; it requires no charging by light or electricity and should shine for over 10 years) as a unique prize that combines many aspects of the science of light!

Figure 1 Tritium key chains, they glow faintly at all times powered by radioactive Hydrogen (H3). Image from http://i.imgur.com/xPFxbfw.jpg ©MerkavaGlowrings on Etsy
Light topics:

- Reflection
- Refraction
- Scattering
- Dispersion
- Polarisation
- Diffraction
- Interference
- Superposition
- Colour wheels
- Vision of colour
- How the eye works
- Absorption
- Emission of light
- Total internal reflection
- Light’s as an electromagnetic wave
- Radio waves
- Microwaves
- Infra-red waves
- Visible light
- Ultraviolet light
- X-rays
- Gamma rays
- Photoelectric effect
- Lasers
- Inverse Square law
- Emission spectrums
- Absorption Spectrums
- Black body radiation
- Holography
- Snell’s law
- Lenses
- Microscopes
- Telescopes
- Fibre optics
- Photometry
- Young’s double slit experiment
- Michelson-Morley experiment
- Fabry-Perot
- Fraunhofer’s contributions
- Fresnel’s contributions
- Fourier Optics
- Photographic film/paper
- How a camera works
- LEDs
- The fluorescent globe
- The incandescent globe
- Halogen lights
- Light is a particle (photon)
- Light is a wave
- Radar
- Doppler effect
- Bioluminescence
- Chemiluminescence
- Wave-particle duality
- Speed of light
- Special relativity
- General relativity
- Light pressure
- Gas discharge lamps
- Cherenkov radiation
- Masers
- Bremsstrahlung radiation
- Cyclotron radiation
- Synchrotron radiation
- Scintillation
- Sonoluminescence
- Triboluminescence
- Radioactive decay (producing gamma)
- Particle-antiparticle annihilation
- Light energy
- Units and measurement of light
- Charge-coupled devices (CCDs)
- Photocells
- Solar panels
- Breathysers
- Crookes radiometer
- Historical particle theories of light
- Historical wave theories of light
- Aether theory
- Maxwell’s equations
- Spectral lines
- Hertz’s experiments
- Compton scattering
- Optical momentum
- Fermat’s principle
- Photonic sneeze reflex
- Cosmic background radiation
- Light pollution
- Expansion of the universe
- Gravitational lensing
- Rainbows
- Photosynthesis
- Ibn Al-Haytham’s work on optics in 1015
- Satellites
- Communication
- Photonics
- Why is the sky blue?
- Atmospheric absorption of electromagnetic waves
- Measuring time using light
- Modulation of light
- Optical computers
- Invisibility cloak
- Hubble space Telescope
- Lighting for photography
- 3D movies
- Medical uses of light
- Northern lights/ Aurora borealis
- Sun
- LIDAR
- Discovery of the quantum model of an atom
- Endoscope
- Newton’s corpuscular theory of light
- Huygen’s theory of light
- Hooke’s work on light
- Einstein’s work
- Astronomy: what can we learn from light?
- Interferometers
- Flame tests for cations

Please note: some topics involve advanced concepts and are not appropriate for all students. Students may choose any topic relevant to light; these are just a guide.
Vacation Care
29 June - 17 July

Get Musical

$45 per child, per day. ($65 for excursion day only)
costs even less with Child Care Benefit!

Feel the beat these school holidays!
Great fun for Primary school aged children.

Bookings open Tuesday 9 June
VC Booking form with program available from 9th June from Enrolments office, OOSH office or download from the school website www.wccs.nsw.edu.au

at William Carey OOSH

Contact William Carey OOSH directly with any enquiries
Phone 02 8784 2752 // Email oosh@wccs.nsw.edu.au
Thursday 2nd July
Incursion
Learn dance moves and grooves with Tony Mason

Friday 3rd July
Incursion
Bricks 4 Kidz

Monday 6th July
Incursion
Mic Conway
Music with almost anything

Tuesday 14th July
Lollipops™ Playland EXCURSION

at William Carey OOSH
‘Girls Do the Math’

On Friday, 15th May 2015, seven of our Year 11 Math Extension 1 students, led by Mrs L. Groucutt, went on an excursion to the ‘Girls Do the Math’ annual one-day workshop. This workshop is run by The School of Mathematics and Statistics at the University of NSW with the aim to encourage female students to consider mathematics as a career.

“The Girls Do the Math Workshop was a great experience. At the beginning of the day we were invited to a small lecture room in which we spent most of the day. Various talks were presented by professors and people who had acquired jobs in the mathematics and statistics fields. The talks shared a broad overview of the applications of maths such as certain jobs in which maths is crucial, different field in which maths is used and most importantly, they answered the question every high school student asks, “Why do we need maths in life?”

There were also sessions that shared the practicalities of university life, including information about courses and degrees, applying for scholarships and programs for talented students. There were plenty of opportunities to socialise with the speakers, current students and staff during the lunch and tea breaks which also proved to be very helpful and informative.

Just before lunch we were taken out for a quick campus tour and let me tell you UNSW is a massive university, it was like a suburb of its own! With an IGA, a different food cuisine available nearly every two minutes, a library, a small park, theatres and recreational areas, we were simply left in awe. As a bonus we also had the chance to visit an undergraduate mathematics lecture!

This workshop provided by the University of New South Wales was extremely informative and definitely broadened our knowledge on mathematics and showed us that although maths can be challenging, it can also be interesting and extremely rewarding in the future.”  

- Saisha Ram

“To begin with, I didn’t really know that Mathematics could open up opportunities in such a broad range of different careers. Going to the workshop and meeting the people who work in various fields really opened my eyes to the different possibilities, like careers such as ecological statisticians, airport congestion planner, and behavioural statistics.”

- Ruth Paul

“The people who spoke at the Girls to the Maths workshop really helped me understand how maths can be used for a career and to help people on a daily basis. Emma Doolan who spoke about her work as a statistician was particularly inspiring as she explained that her work went toward developing programs to help families cope with the emotional stresses of having a child with cancer. This workshop allowed me to see how mathematics in the real world can be beneficial to society.”

- Kyra Lyell

“It has changed the way I view math. The speakers who came to talk about how math applied to their careers inspired and motivated me. So now, on certain topics, I try to imagine how and if it would apply to my future career (architecture).”

- Adrielle Andoyo
What’s happening in Creative Arts...

Year 9 Visual Arts have created an eclectic range of utilitarian (functional and decorative) teapots, which displays our super-duper funky creativity and imagination. Our teapots include Alice in Wonderland, Superman, a Chinese dragon, Indian elephant, bumble bee, frog on a lily pad, piano keyboard, boom box, Game Boy, cupcake, Disney’s Mrs Pott’s, army tanker, garden watering can, snake, lantern and an anime elephant. A ‘high tea’ tea party was arranged to celebrate our success and we drank tea till our hearts were content.

By Anu George, Year 9 Visual Arts

Teapots will be on display in the school library during Term 2-3 if you would like to stop in and see the works
5D had the most fabulous time at Minnamurra Rainforest.

Here are a few snapshots of our day:

Trekking through the rainforest: I don’t know if I’ll survive! I think I’m going to die. Oh what, I think I hear a waterfall YES water!!!!!! (By Sam)

“It’s 6:30 am. Time to get up and get ready for my excursion at Minnamurra Rainforest,” I say to myself. The bus trip to Minnamurra Rainforest was awesome there were loads of cows, farms and trees. It was amazing and very beautiful. We left at 8:30 am. Our bus driver was Ross. It was a pretty long trip but we survived because, well, it wasn’t really all that long, now that I say this out loud. (By Angelique)

We hopped off the bus. My legs ached as I stretched them out. Dirt was in the air, it brushed past my cheeks. I looked around. There was excitement on everybody’s faces! We were all so curious of what was in the forest before us. I scuffed my feet on the jagged, sharp floor. I grasped my stomach and held it sharply, as it rumbled. Before all the fun began we had to eat recess. (By Bella)

After recess we went to a big classroom and heard two stories from the National Park Guides. One story was about a lady finding a diamond python’s skin in her bed and the other one was about when a diamond python was under a boy’s seat. They told us those while they were getting the projector ready. The real talk was about when the early settlers came to Minnamurra Rainforest and chopped down all the Red Cedar trees. Donna also told us about the animals and plants that help the rainforest and make more seeds to grow into trees and make fruit. (By Flynn)

We went on a walk and Jackie our tour guide showed us a red cedar (aka “red gold”) tree that was about 100 years old. On our walk we also saw a real life lyre bird. Did you know that a lyre bird can imitate almost all the noises that surround it? For example it can make the sounds of a chain saw or a car alarm! The reason the lyre bird sings is to impress a girl! Also we saw a thousand year old strangler tree, which was cool. We also saw lots of lianas and stinging trees. The walk was painful and exciting. It felt really good to get to the waterfalls but it hurt so bad, as it was tough because I forgot my water bottle. But the walk back down was worse because you need more control in your legs. (By Renee)

YES! Finally we had made it to the waterfall. The sound was peaceful, it was music to my ears. The sound was loud but fine for...
me. Then my mum and I had a seat watching and listening to the glistening water fall, until it was time to go all the way back down again. (By Sophie)

When we got to a fork in the path, our guide Ray, went away and we walked up a hill. It felt like it was never ending. But soon I heard a really slight noise. It went straight to my ears. I focused on it. Ah, it was the slightest noise of a waterfall! As we got closer it got more exciting, yeah!!! We finally got there! But then we had to go all the way back down! Oh no! Phew, going downwards is better because going upwards is so much harder. (By Toli)

On the bus, I started to feel sick. We watched Despicable Me 2. I was loving it all the way until we reached school. I was tired and the worst thing happened... It started to rain. Luckily, I didn’t get too wet, as my dad came to get me. We sat in the car and drove home, while I told my dad what a tiring day I’d had. I got home and got to eat 6 yummy spring rolls. I prayed to God and thanked him that we didn’t have to use our raincoats on our walk through Minnamurra Rainforest. Amen. (By Anuva)

**5D can also be very persuasive!**

Here are a few examples of our writing:

**This has to be dealt with... By Anuva.**

The stray cats and dogs have to be dealt with. The babies that are born will grow and become wild. The will start to bite people, and cause injuries. No one wants their family members to get sick and die. They will spread all over the country and maybe all over the world. This could mean that builders may not be able to build offices and houses. That land will become plain old dirt! Our country will be polluted, and more suffering to do. Our land will be ruined, and a lot of people will have to sleep on the floor with no shelter.

**Littering By Rohini**

This needs to be dealt with! People keep littering all over the place on park benches, gutters and on the ground. Litter pollutes the world and ruins nature. All around you there are bins! Every bin is the home for trash, not the ground!

**Naplan is Torture! By Jacob.**

Every child should have a choice if they want to do Naplan.

This needs to be dealt with! Students throughout Australia every year are put under so much stress!

Naplan is not a test, it is torture!
Primary Cross
Country Carnival
### DATES FOR YOUR DIARY

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### INDEPENDENT ADVERTISING

**Mental Health and Young People**

*Depression, Anxiety and Self Harm*

*With speaker: COLLETT SMART, Founder of Family Smart*

- Communicating with a young person you are worried about
- Types of self-harming behaviours, including digital self-harm
- Why youth self-harm
- The pressures faced by teenagers
- Signs of anxiety or depression in young people
- Recognising the triggers
- Practical strategies for offering support

**THURSDAY 11 JUNE 2015, 7:30pm. Fusion Western Sydney - Youth and Community Centre, 12 Carsons Lane St Marys.**

- $15 pp or $12 group of 10
- **Bookings** fusionwesternsydney.org.au

**Collett Smart** is the Founder of Family Smart, psychologist, qualified teacher, lecturer, writer and regular media commentator on parenting and youth mental health.

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While your kids having fun and playing you will enjoy
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