

# WCCS CANTEEN 2017



Please note – All orders must be in by the end of recess.

GF – Gluten Free

## BREAKFAST

*'Breakfast Only' items will be available between 8:15 am - 8:45 am only*

Toast (1 slice) <b>Breakfast Only</b>	\$1.00
Jam or Vegemite Raisin Toast <b>Breakfast Only</b>	\$1.50
Cheese Toastie	\$2.50
Fresh Fruit <b>GF</b> - Apple or Banana	\$1.00
Apple Slinky <b>GF</b>	\$1.00
Natural Yoghurt - Plain <b>GF</b>	\$2.20
- Fruit <b>GF</b> or Muesli	\$2.80
Muffins - Assorted Flavours	\$2.00
Banana Bread - Plain or toasted	\$2.50
Hot Bacon and Cheese Roll	\$2.00

**(Please Note: No soft drink will be sold before school)**

## SNACKS

Fresh Fruit <b>GF</b> - Apple or Banana	\$1.00
Apple Slinky <b>GF</b>	\$1.00
Natural Yoghurt - Plain <b>GF</b>	\$2.20
- Berries <b>GF</b> or Muesli	\$2.80
Muffins - Assorted Flavours	\$2.00
Jelly <b>GF</b>	\$1.50
Jelly and Custard	\$2.00
Toasted Pizza Muffin ( <i>High School only</i> )	\$1.00
Eucalyptus Lollies	\$1.20
Snaps Gluten Free Chips - Salsa <b>GF</b>	\$1.60
Chips 27g	\$1.50
Chips 45g ( <i>High School only</i> )	\$2.50
Butter Menthols	\$2.20

## DRINKS

Water 350ml	\$1.50
Water 600ml	\$2.00
Up and Go 250ml	\$2.00
Milk 300ml Plain	\$1.00
Milk Small Choc/Strawberry	\$2.00
Milk Large ( <i>High School only</i> ) - Choc, Strawberry	
- Vanilla Malt	\$3.00
Juice 250ml - OJ, Apple, Apple/Blackcurrant	\$2.00
Juice 350ml - OJ, Apple, Apple/Blackcurrant	\$3.00
Juice Bombs - Apple/ Raspberry, Vanilla/Lime	\$2.50
Apple/Blackcurrant	
Fresh Juice - Orange, Apple, Apple/Blackcurrant,	\$3.00
Soft Drink Cans ( <i>High School only</i> )	\$2.50
Ice Tea 350ml ( <i>High School only</i> )	\$3.00
Dare Iced Coffee 500ml ( <i>High School only</i> )	\$3.50
Hot Chocolate ( <b>NOT A LUNCH ORDER ITEM</b> )	\$2.50
Coffee ( <i>High School only</i> )	\$2.50
Aloe Vera (various flavours)	\$3.00
Kynetons Mineral Water - Raspberry or Cola	\$2.50

## FROZEN TREATS

Quelch Sticks	\$0.50
Juicees - Orange, Tropical & Wildberry	\$1.50
Icy Twist - Lemonade	\$1.20
Paddle Pops	\$1.50
Magnums ( <i>High School only</i> )	\$3.60
Slushies - Orange or Tropical ( <b>NOT A LUNCH ORDER ITEM</b> )	\$2.00
Frozen Yogurt - Choc/Vanilla, Strawberry/Vanilla, Mango/Watermelon	\$2.50

## SALADS

Salad Box <b>GF</b> - Tomato, Lettuce, Carrot, Cucumber, Beetroot	\$4.00
Caesar Salad Box - Bacon, Egg, Parmesan Cheese, Lettuce, Croutons & Caesar Salad Dressing	\$5.50
Egg Salad <b>GF</b> - Salad Box with Egg	\$5.00
Cheese Salad <b>GF</b> - Salad Box with Cheese	\$5.00
Dressings: Caesar, Italian, French, Mayo or Sweet Chilli	\$0.50c

## SALADS CONT.

### Extras

Ham, Chicken, Avocado, Egg or Cheese	\$1.00
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### SANDWICHES

**Extra: Rolls \$1.00, Gluten Free Bread or Wrap \$1.50, Toasted 50c Bread: White or Wholemeal - Please Specify**

Butter only	\$0.50c
Vegemite, Jam	\$1.50
Cheese	\$2.00
Egg and Lettuce	\$3.00
Leg Ham	\$3.50
Fresh Chicken	\$3.50
Salad - Tomato, Lettuce, Carrot, Cucumber, Beetroot	\$3.50
Ham Salad, Chicken Salad or Egg Salad	\$4.50
Avocado	\$3.00

### WRAPS

**All wraps come with choice of sauce below.**

Chicken & Lettuce Wrap	\$5.00
Ham & Salad Wrap - Ham, Tomato, Lettuce, Carrot, Cucumber	\$5.00
Egg & Lettuce Wrap	
Sauces: Mayo, Sweet Chili, Garlic Aioli and Honey Mustard	\$5.00
<b>Extras for Sandwiches or Wraps</b>	
Cheese, Avocado, Ham, Chicken, Egg, Bacon	\$1.00
Salad per item - Tomato, Lettuce, Beetroot, Carrot, Cucumber	\$0.50

### HOT FOOD

Plain OR Sweet Chilli Tender	\$1.50 ea
Fish strip	\$1.50 ea
Garlic Bread	\$2.00
Giant Sausage Roll	\$3.00
Sausage Roll <b>GF</b>	\$3.50
Beef Pie	\$3.00
Beef Pie <b>GF</b>	\$4.50
Chicken & Mushroom Pie/Curry Pie/ Cheese, Beef & Bacon Pie	\$4.00
Beef and Cheese Cruizer	\$4.00
Potato Pie	\$4.00
Spinach & Ricotta Roll	\$3.50
Sauce Sachets <b>GF</b>	\$0.50
Bacon and Cheese Rolls	\$2.00
Potato Bake 200g <b>GF</b>	\$4.00
Angus Beef Lasagne 250g ( <b>GF available</b> )	\$4.50
Vegetable Lasagne 200g	\$4.50
Sweet & Sour Chicken with Fried Rice 200g	\$4.50

### SUSHI GF

Sushi Roll	\$3.50 ea
Medium Munch Box - 8 pcs + soy sauce	\$4.50
Large Munch Box - 8 large pcs + soy sauce	\$6.50
<b>Choose from:</b> Teriyaki Chicken, Chicken Schnitzel, Tuna or Combo 1/2 Chicken, 1/2 Tuna	

### BURGERS – Must be ordered by recess

**Gluten free roll available for large burgers \$1.50 extra**

Mini Cheeseburger Slider - Mini Turkish Continental Roll, Gourmet Lettuce, Mini Beef Patty, Cheese and BBQ Sauce	\$2.50
Mini Chicken Burger - Mini Turkish Continental Roll, Iceberg Lettuce, Chicken Tender and Mayo	\$2.50
Cheeseburger - Turkish Continental Roll, Gourmet Lettuce, 120g Beef Patty, Cheese and BBQ Sauce	\$5.00
Beef Burger - Turkish Continental Roll, Gourmet Lettuce, 120g Beef Patty, Cheese, Tomato, Beetroot and BBQ Sauce	\$6.00
Chicken Burger - Turkish Continental Roll, Grilled Chicken Breast, Lettuce and Mayo	\$5.50
Tandoori Chicken Burger - Turkish Continental Roll, Grilled Tandoori Chicken Breast, Lettuce and Mayo	\$6.00
Fish Burger – Turkish continental roll, 1 1/2 Fish piece, iceberg lettuce, mayo	\$5.50